

# Savory Fusion Catering, Personal Chef

## Coffee

8oz Cups

House Blend Light, Medium and/or Bold, Organic

Specialty Blend (s)

DeCaf



## Tea

House

Specialty Blend (s)

*Chai*

*Signature Chais: Coconut Vanilla (loose leaf), Cardamom, Ginger, Masala(blended Spices)*

Loose Leaf

*Signature Loose Leaf: Belgium Chocolate, Orange Spice*

## Espresso (Personal Chef Only)

Espresso Shots, Organic Espresso

Latte (or Cappucino)

Mocha Caffe Latte

Caramel Caffe Latte

White Chocolate Caffe Latte

## Hot Chocolate

*Whole Milk, Low Fat, Cream and Soy Milk Available (soy milk is extra)*

## Warm Chocolate

*organic chocolate drink*

## Lemonade

*Signature Lemonades: Sweet Lemonade, Strawberry Lemonade, Iced Tea Lemonade*

## Iced Tea

*Signature Iced Teas: House Blend, Blue Mango, Canadian Iced Wine*

## Sodas

## Juice in the Raw Fresh Fruit or Vegetables Juiced

*Signature Juices: Orange Spice, Green Apple, Ruby Red, Cool Mint and Sweet Banana*

*\* Prices Vary with changing*

## Smoothies Fresh Fruit Blended Smooth

*Signature Smoothies: Strawberry Banana, Berry Blend or Blueberry Banana, Sweet Banana, Chocolate*



## Breakfast

**Sunrise Dessert** Yogurt Smooth and Whipped with Fruit in the Middle

### **Savory Griddle (Personal Chef Only)**

unsweetened pancake mixed with Onions, Sausage and Peppers topped w/Egg  
Vegetarian or Vegan Version Available

### **Belgium Waffle with Butter, Syrup and Whipped Cream (Personal Chef Only)**

Vegetarian or Vegan Version Available

### **Croissant Sandwich with... (Personal Chef Only)**

*Vegetarian Versions Available*

*Egg and Cheese*

*Bacon, Egg and Cheese*

*Sausage, Egg and Cheese*

*Ham (or Turkey), Egg and Cheese*



**Oatmeal** (onsite server)

Porridge style oatmeal with fresh fruit toppings

**Grits** (onsite server )

### **Breakfast Soup**

Kao Tom (thai Breakfast Soup)

Warm Fruit (vegan)

Milk and Honey

"Bakso, nasi goreng ... semuanya enak!" (Meatball Soup)

Milk and Honey (vegan)

### **Cereal**

**Quis** *(must be heated onsite)*

*Vegetarian Versions Available*

**mini Spinach Quiche** with or without Sausage

**mini 3 Cheese Quiche** with or without Ham

**Pastries** *assorted pastries*

## **Soups (Lunch and Dinner)**

### **Mexicana**

*Hearty mix of Ground Turkey, Beans, Corn and Tomato Chili"like" texture*

### **Mexicana (Vegetarian)**

*Hearty mix of Ground vegetarian unmeat, Beans, Corn and Tomato Chili"like" texture*

**The Orange Soup (Vegan) smooth** *blend of sweet potato (or Yams)and Apricots*

**Tuscan** *white bean and chicken with vegetables*

**Tuscan (Vegan)** *white bean and vegan chicken with vegetables*

### **"Of the Sea"**

*Seafood Medley*

### **Brisket**

*Beef and Vegetables*

### **Brisket (vegetarian)**

*vegetarian Beef and Vegetables*

## **Lunch**

### **Paninis (grilled sandwiches)**

**Prosciutto** Prosciutto, Tomato, Mozzarella, Fresh Basil, Red Onions, Arugula

**Mediterranean (V)**Marinated Artichoke Hearts, Feta, Spinach, Olives, Tomatoes, Pesto

**3 Cheese Tuna Melt** Tuna salad with tomatoes, Bacon, Mozzarella, Cheddar and Swiss

**Grilled Chicken and Swiss** *(VA +\$2.00)* Grilled Chicken, Swiss, Tomato and Mayo

**Mushroom (V)** Mushrooms, Mozzarella, Basil, Sundried Tomatoes, Feta

*\*All Paninis brushed with Garlic Olive Oil*

### **Salads**

**Oriental** *(VA +\$2.00)*

Chicken brushed with Honey and Orange Sauce, Cucumbers, Radishes, Peas and Pea Shoots

drizzled with Soy Sauce and Lime Juice on a bed of cold Soba Noodles

\*Soba Noodles Contain Wheat (may require a longer wait, please inquire)

### **Oriental Salad (Vegetarian)**

Vegetarian un Chicken brushed with Honey and Orange Sauce, Cucumbers, Radishes, Peas and Pea Shoots drizzled with Soy Sauce and Lime Juice on a bed of cold Soba Noodles

\*Soba Noodles Contain Wheat

**Italian** (V) (w/chicken +\$1.20) (w/veg unchicken +\$2.00)

Cucumber, Capers, Olive Oil, Peppers and Fresh Ricotta on a bed of Spinach

**Garden** (V) (w/chicken +\$1.20) (w/veg unchicken +\$2.00)

Greens, Walnuts, Blue Cheese and Raspberries (or seasonal fruit); Drizzled with Vinaigrette

### **Wraps**

**Cobb Salad Wrap** (VA +\$2.00) Marinated Chicken, Greens, Tomato, Bacon and Sliced Eggs

**Ham (or Turkey) and Swiss** (VA +\$2.00) Ham, Swiss, Greens, Sundried Tomatoes, Pesto

\*Pesto contains Nuts

**Hummus and Sprouts Wrap** (V) Sprouts, Cucumber, Tomatoes and Hummus

## **Sushi**

### **California Roll**

Surimi fish (imitation crab), Avocado, Cucumber, Sesame Seeds

### **Vegetable Roll (vegan)**

Avocado, Cucumber, Carrot, sesame seeds

### **Spicy Tuna**

Tuna

### **Savory Sushi (vegan)**

Vegan (unseafood), Avocado, Cucumber, Carrot, sesame seeds  
vegan sauce



## **Appetizers**

**Meatballs Vegetarian (minis)**

**Mediterranean Cones Mini (Vegetarian)**

**Soup - Minis (Sweet Potato Soup in tiny containers) (Vegan)**

**Lettuce Greens with Guacamole (Vegetarian)**

**Innis: Assorted Prosciutto, Mediterranean, Mushroom**

## **Dinner**

**Mediterranean Lasagna (Vegetarian)**

7 layer lasagna including artichoke hearts

**Red Curry Chicken with Coconut Jasmine Rice**

Chicken in Curry Sauce with a side of coconut Jasmine rice

**Red Curry Chicken with Coconut Jasmine Rice (Vegetarian)**

Vegetarian unChicken in Curry Sauce with a side of coconut Jasmine rice

**Turkey**

unTurkey (Vegan)

**Gravy**

Gravy (vegan)

**Cranbury Sauce**

**Mediterranean Lasagna (vegetarian)**

## **Dessert**

**Chocolate Mouse (Vegan)**

**Assorted Cookies and Brownies**

**Lemon Drops**

*Inquire about our desserts "of the day"*

V= Vegetarian Item   VA = Vegetarian Version Available  
specializing in "Cultural Fusion Cuisine" | Socially Responsible and as Green as We Can Be | [liquidsandeats.com](http://liquidsandeats.com)